

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
OCTOBER 2020—The Terrace ALF					*ACTIVITIES ARE SUBJECT TO CHANGE		
1	2	3	4	5	6	7	
8	9	10	11	12	13	14	
15	16	17	18	19	20	21	
22	23	24	25	26	27	28	
29	30	31					
			Room Key: CR— Ceramics Room AR— Art Room C5— Channel 5 LR— Living Room AF— All Floors			Room Key: CK— Country Kitchen H— Hallway PA— Participation Activity for Monthly Lottery	
			Color Key: Spiritual Social Creative Physical Outdoors Entertainment Cognitive & Intellectual				

Birthdays

Gladys Harrison—10/25
Annette Vooss—10/27
Bessie Banks—10/8

No-Fall Fall Festival
Activities Ongoing All Day
Activities Subject to Change

1st Day of Sukkot

10:00 am Outdoor Visits
10:00 am Exercise (LR)
10:00 am Painting Memories 1 to 1 (AR)
1:30 pm Bingo (LR)
2:30 pm Travel Cart (AF)
3:30 pm Knitting w/ Sara (LR)
4:20 pm Services (C5)
6:00 pm Yoga/Guided Meditation (C5)

2nd Day of Sukkot

9:45 am Non-Denominational Christian Services (C5)
10:00 am 1 to 1 (1st & 2nd)
11:00 am Trivia (LR)
2:00 pm Bingo (LR)
4:15 pm Services (Channel 5)

3rd Intermediate Day of Sukkot

10:00 am Drive-up Visits
10:00 am Exercise (LR)
10:00 am Ceramics 1 to 1 (CR)
10:45 am Trivia/ Social Visits (LR)
1:00 pm Poker (CK)
3:30 pm Knitting w/ Sara (LR)
4:20 pm Services (C5)
6:00 pm Movie Night (Channel 5)

4th Intermediate Day of Sukkot

10:00 am Outdoor Visits
10:00 am Exercise (LR)
10:00 am Painting Memories 1 to 1 (AR)
1:30 pm Bingo (LR)
2:30 pm Happy Hour Under the Sukkah (AF)
6:00 pm Movie Night (Channel 5)

5th Intermediate Day of Sukkot

10:00 am Outdoor Visits
10:00 am Exercise (LR)
10:00 am Painting Memories 1 to 1 (AR)
1:30 pm Bingo (LR)
2:30 pm Happy Hour Travel Bar (AF)
6:00 pm Movie Night (Channel 5)

6th Intermediate Day of Sukkot

10:00 am Outdoor Visits
10:00 am Exercise (LR)
10:00 am Painting Memories 1 to 1 (AR)
1:30 pm Bingo (LR)
2:30 pm Happy Hour Travel Bar (AF)
6:00 pm Movie Night (Channel 5)

7th Intermediate Day of Sukkot

10:00 am Outdoor Visits
10:00 am Exercise (LR)
10:00 am Painting Memories 1 to 1 (AR)
1:30 pm Bingo (LR)
2:30 pm Happy Hour Travel Bar (AF)
6:00 pm Movie Night (Channel 5)

1st Day of Rosh Chodesh Cheshvan

9:45 am Non-Denominational Christian Services (C5)
10:30 am Trivia (LR)
2:00 pm Bingo (LR)
4:15 pm Services (C5)

2nd Day of Rosh Chodesh Cheshvan

10:00 am Outdoor Visits
10:00 am Exercise (3rd)
10:00 am Painting Memories 1 to 1 (AR)
1:30 pm Bingo (LR)
2:30 pm Birthday Social Travel Cart (AF)
3:30 pm Knitting & Knots w/Sara 1-1
4:20 pm Services (C5)

3rd Day of Rosh Chodesh Cheshvan

10:00 am Outdoor Visits
10:00 am Exercise (3rd)
10:00 am Painting Memories 1 to 1 (AR)
1:30 pm Bingo (LR)
2:30 pm Travel Cart (AF)
3:30 pm Knitting & Knots w/Sara 1-1
4:20 pm Services (C5)

4th Day of Rosh Chodesh Cheshvan

10:00 am Outdoor Visits
10:00 am Exercise (LR)
10:00 am Painting Memories 1 to 1 (AR)
1:30 pm Bingo (LR)
2:30 pm Happy Hour Travel Bar (AF)
6:00 pm Movie Night (Channel 5)

5th Day of Rosh Chodesh Cheshvan

10:00 am Outdoor Visits
10:00 am Exercise (LR)
10:00 am Painting Memories 1 to 1 (AR)
1:30 pm Bingo (LR)
2:30 pm Happy Hour Travel Bar (AF)
6:00 pm Movie Night (Channel 5)

6th Day of Rosh Chodesh Cheshvan

10:00 am Outdoor Visits
10:00 am Exercise (LR)
10:00 am Painting Memories 1 to 1 (AR)
1:30 pm Bingo (LR)
2:30 pm Happy Hour Travel Bar (AF)
6:00 pm Movie Night (Channel 5)

7th Day of Rosh Chodesh Cheshvan

10:00 am Outdoor Visits
10:00 am Exercise (LR)
10:00 am Painting Memories 1 to 1 (AR)
1:30 pm Bingo (LR)
2:30 pm Happy Hour Travel Bar (AF)
6:00 pm Movie Night (Channel 5)

1st Day of Sukkot

10:00 am Outdoor Visits
10:00 am Exercise (LR)
10:00 am Painting Memories 1 to 1 (AR)
1:30 pm Bingo (LR)
2:30 pm Travel Cart (AF)
3:30 pm Knitting w/ Sara (LR)
4:20 pm Services (C5)
6:00 pm Yoga/Guided Meditation (C5)

2nd Day of Sukkot

9:45 am Non-Denominational Christian Services (C5)
10:00 am 1 to 1 (1st & 2nd)
11:00 am Trivia (LR)
2:00 pm Hallway Bingo (LR)
4:15 pm Services (Channel 5)

3rd Intermediate Day of Sukkot

10:00 am Drive-up Visits
10:00 am Exercise (LR)
10:00 am Ceramics 1 to 1 (CR)
10:45 am Trivia/ Social Visits (LR)
1:00 pm Poker (CK)
3:30 pm Knitting w/ Sara (LR)
4:20 pm Services (C5)
6:00 pm Movie Night (Channel 5)

4th Intermediate Day of Sukkot

10:00 am Outdoor Visits
10:00 am Exercise (LR)
10:00 am Painting Memories 1 to 1 (AR)
1:30 pm Bingo (LR)
2:30 pm Happy Hour Under the Sukkah (AF)
6:00 pm Movie Night (Channel 5)

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10:00 am Painting Memories 1 to 1 (AR)
1:30 pm Bingo (LR)
2:30 pm Travel Cart (AF)
3:30 pm Knitting & Knots w/Sara 1-1
4:20 pm Services (C5)

2nd Day of Sukkot

9:45 am Non-Denominational Christian Services (C5)
10:00 am 1 to 1 (1st & 2nd)
11:00 am Trivia (LR)
2:00 pm Hallway Bingo (LR)
4:15 pm Services (C5)

3rd Intermediate Day of Sukkot

10:00 am Drive-up Visits
10:00 am Ceramics 1 to 1 (CR)
10:30 am Morning Jams w Cam and Michelle (LR)
1:00 pm Poker (CK)
2:45 pm Travel Cart (AF)
3:30 pm Knitting & Knots w/Sara (LR)
4:20 pm Services (C5)
6:00 pm Movie Night (Channel 5)

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10:00 am Outdoor Visits
10:00 am Exercise (LR)
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1:30 pm Bingo (LR)
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