



# January 2021

## Memory Enhancement Unit

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b><u>January Birthdays</u></b></p> <p>Sybil Stolzenberg 1/10 Linda C. Smith 1/13 Charles Wayne Newsom 1/17 Barbara J. Llewelyn 1/26</p>			<p><b>Sensory / Tactile Group</b> <i>Four max. residents at a time</i> <i>Activities that adhere to residents senses.</i> <i>Working with colors, recognition different mediums, seasonal items as well as games, music.</i></p>		<p style="text-align: right;"><b>1</b></p> <p>10:00-11:15 Exercise/IN2L 1:30-2:30 Art Therapy w. Tierra 3:00-4:00 Coffee Cart 3:00-4:00 Movie</p>	<p style="text-align: right;"><b>2</b></p> <p>Channel 5 programming  2:00-4:00 Classic Movie</p>
<p style="text-align: right;"><b>3</b></p> <p>9:45-10:45 Christian Non-Denominational Services  2:00-4:00 Classic Movie</p>	<p style="text-align: right;"><b>4</b></p> <p>10:00-11:15 Exercise/IN2L 2:00-3:00 Art Therapy with Tierra 3:00-4:00 Coffee Cart, Snacks</p>	<p style="text-align: right;"><b>5</b></p> <p>10:00-11:15 Exercise/IN2L 2:00-3:00 Sensory/Tactile Group 3:00-4:00 Coffee Cart, Snacks 1-1 Visits</p>	<p style="text-align: right;"><b>6</b></p> <p>10:00-11:15 Arts/ Crafts 1:30-2:30 IN2L Program 3:00-4:00 Coffee Cart, Snacks 1-1 Visits</p>	<p style="text-align: right;"><b>7</b></p> <p>10:00-11:15 Exercise/IN2L 1:30-2:30 Sensory/Tactile Group 3:00-4:00 Coffee Cart, Snacks 1-1 Visits</p>	<p style="text-align: right;"><b>8</b></p> <p>10:00-11:15 Travel with Rick Steve. Through Europe 1:30-2:30 Art Therapy w. Tierra 2:45-4:00 Movie Matinee</p>	<p style="text-align: right;"><b>9</b></p> <p>Channel 5 Programming  2:00-4:00 Classic Movie</p>
<p style="text-align: right;"><b>10</b></p> <p>9:45-10:45 Christian Non-Denominational Services  2:00-4:00 Classic Movie</p>	<p style="text-align: right;"><b>11</b></p> <p>10:00-11:15 Exercise/IN2L 2:00-3:00 Art Therapy with Tierra 3:00-4:00 Coffee Cart, Snacks</p>	<p style="text-align: right;"><b>12</b></p> <p>10:00-11:15 Exercise/IN2L 2:00-3:00 Cooking w. Sara Group 3:00-4:00 Coffee Cart, Snacks 1-1 Visits</p>	<p style="text-align: right;"><b>13</b></p> <p>10:00-11:15 Arts/ Crafts 1:30-2:30 IN2L Program 3:00-4:00 Coffee Cart, Snacks 1-1 Visits</p>	<p style="text-align: right;"><b>14</b></p> <p>10:00-11:15 Exercise/IN2L 1:30-2:30 Sensory/Tactile Group 3:00-4:00 Coffee Cart, Snacks 1-1 Visits</p>	<p style="text-align: right;"><b>15</b></p> <p>10:00-11:15 Travel with Rick Steve. Through Asia 1:30-2:30 Art Therapy w. Tierra 2:45-4:00 Movie Matinee</p>	<p style="text-align: right;"><b>16</b></p> <p>Channel 5 Programming  2:00-4:00 Classic Movie</p>
<p style="text-align: right;"><b>17</b></p> <p>9:45-10:45 Christian Non-Denominational Services</p>	<p style="text-align: right;"><b>18</b></p> <p>10:00-11:15 Exercise/IN2L 2:00-3:00 Art Therapy with Tierra 3:00-4:00 Coffee Cart,</p>	<p style="text-align: right;"><b>19</b></p> <p>10:00-11:15 Exercise/IN2L 2:00-3:00 Sensory/Tactile 3:00-4:00 Coffee Cart, Snacks 1-1 Visits</p>	<p style="text-align: right;"><b>20</b></p> <p>10:00-11:15 Arts/ Crafts 1:30-2:30 IN2L Program 3:00-4:00 Coffee Cart, Snacks 1-1 Visits</p>	<p style="text-align: right;"><b>21</b></p> <p>10:00-11:15 Exercise/IN2L 1:30-2:30 Sensory/Tactile Group 3:00-4:00 Coffee Cart, Snacks</p>	<p style="text-align: right;"><b>22</b></p> <p>10:00-11:15 Travel with Rick Steve. Through Asia 1:30-2:30 Art Therapy w. Tierra</p>	<p style="text-align: right;"><b>23</b></p> <p>Channel 5 Programming  2:00-4:00 Classic Movie</p>
<p style="text-align: right;"><b>24</b></p> <p>9:45-10:45 Christian Non-Denominational Services  2:00-4:00 Classic Movie</p>	<p style="text-align: right;"><b>25</b></p> <p>10:00-11:15 Exercise/IN2L 2:00-3:00 Art Therapy with Tierra 3:00-4:00 Coffee Cart,</p>	<p style="text-align: right;"><b>26</b></p> <p>10:00-11:15 Exercise/IN2L 2:00-3:00 Sensory/Tactile 3:00-4:00 Coffee Cart, Snacks 1-1 Visits</p>	<p style="text-align: right;"><b>27</b></p> <p>10:00-11:15 Arts/ Crafts 1:30-2:30 IN2L Program 3:00-4:00 Coffee Cart, Snacks 1-1 Visits</p>	<p style="text-align: right;"><b>28</b></p> <p>10:00-11:15 Exercise/IN2L 1:30-2:30 Sensory/Tactile Group 3:00-4:00 Coffee Cart, Snacks</p>	<p style="text-align: right;"><b>29</b></p> <p>10:00-11:15 Travel with Rick Steve. America 1:30-2:30 Art Therapy w. Tierra</p>	<p style="text-align: right;"><b>30</b></p> <p>Channel 5 Programming  2:00-4:00 Classic Movie</p>
<p style="text-align: right;"><b>31</b></p> <p>9:45-10:45 Christian Non-Denominational Services  2:00-4:00 Classic Movie</p>		<p>Spiritual (S). Sensory / Tactile (ST) Cognitive (CC) Physical (P). Music (M). Art Therapy (AT)</p>	<p>Outings (O) Cooking Group. (CG) Crafts (C) Today (Every day occurrence) Entertainment (ET) 1-1 Visits (V)</p>	<p><b>Today; Orientating residents to day, time, season.</b></p> <p><b>1-1 Visits</b></p>	<p><b>Art Therapy: 2 sessions per week</b> <b>With Tierra</b></p>	<p><b>Manicures. Sanitizing measures, individual files are in use</b></p> <p><b>Music iPod.</b> <b>Denotes individual music therapy using personal I-Pod.</b></p>